

TINNITUS TRIAGE GUIDELINES

Refer to Audiologist (non-urgent referral)



Tinnitus plus ALL of the following

- Symptoms suggest
 Neural origin of
 Tinnitus (ie does not
 Pulse with heartbeat)
- No ear pain, drainage
 Or malodor
- No vestibular symptoms (ie no dizziness/vertigo)
- No unexplained sudden Hearing loss or facial Palsy

Refer to ENT (urgency can vary)



Tinnitus plus ANY of the following

- Symptoms suggest somatic origin of tinnitus (ie tinnitus that pulses with heartbeat)
- Ear pain, drainage, or malodor
- Vestibular symptoms (ie dizziness/vertigo)

Refer to Emergency

Care or ENT



Tinnitus plus ANY of the following

- Physical trauma
- Facial palsy
- Sudden unexplained hearing loss (needs to be seen ASAP for Consideration of steroid treatment)

Refer to Mental Health or Emergency Care



Tinnitus plus ANY of the following

- Suicidal ideation
- Obvious mental health problems

Contact Duncan Hearing Healthcare at 508-674-3334

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